

New HoU: Sustainable Leadership Journey

"Cartography" - Analysing Your Unit

A major part of the first two days of this programme will be spent exploring your new role and the situation in your unit, i.e. how things are working in terms of your people, the processes, the resources, the stakeholders. The aim is to help you get a clear picture of your situation, your purpose and needs, the needs of your unit, and, consequently, what you need to focus on over the next few months. This process will help to bring clarity to your role and to how you can add value.

We ask you to take some time and space to reflect on this prior to the first session, i.e. to undertake a mini 'audit' and map out the results: How would you describe your unit to others right now?

Use the following guidelines to draw your 'cartography':

- Take a large piece of paper (anything between an A3 sheet and a flipchart page) it needs to be big enough to give you space to put in everything you need.
- Draw a visual representation as complete as you can of how you see your unit.
- Use colours and images as freely as you wish; colours, symbols and images can help you
 indicate e.g. which relationships work better and where there might be challenges. We are not
 just looking for a list of names or processes.
- You need to place yourself and your purpose into your picture.

You will be having a short discussion with the facilitator of your group prior to the first session and they can also talk you through the mapping process if you wish. To help you complete your 'map' it can be useful to think about some of the following:

Your environment	The people in your unit – and the work
 Relationship with your Director 	Purpose and priorities of your unit
 Key stakeholders 	Structure of the unit
 The power structure 	Main outputs – expected results, what you need to deliver
Your network	Resilience of the unit
Your support	 Dynamics of the team – tensions/conflicts/alliances
	affecting the unit

Yourself - your purpose and impact*

- How has it felt to be in charge? Has it been what you expected? What surprises have there been?
- What are the key challenges/issues you are facing as a new HoU/D?
- How would describe your purpose as a manager?
- What are you doing differently than before to fulfil this purpose?
- How do you think your team/your Director would describe you as a manager?
- What have been your greatest achievements so far in the role?
- What do you find stressful as a manager? What impact is this having on your resilience?

^{*} The questions related to yourself, your purpose and your impact may not be so easily captured in the 'map', but they can help plan it. In any case, the answers to these questions will be explored later in the programme.

